

# PML 5. Fusing Variational Inference and Markov Chain Monte Carlo

Probabilistic Machine Learning Reading Group

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# Variational Inference (VI)

VI is optimisation over the space of distributions

Find  $q^* = \operatorname{argmin}_{q \in \mathcal{P}(\mathbb{R}^d)} d(q, \pi)$

Purpose is to approximate  $\mathbb{E}_\pi [f(X)]$  with  $\mathbb{E}_{q^*} [f(X)]$

$\mathcal{P}(\mathbb{R}^d)$  is not parametrisable with any parameter that could fit on a computer. Instead we do:

Find  $\theta^* = \operatorname{argmin}_{\theta \in \Theta} d(q_\theta, \pi)$  and compute  $\mathbb{E}_{q_{\theta^*}} [f(X)]$

So VI is **biased** (i.e.  $q_{\theta^*} \neq \pi$  in general)

Often  $q_\theta$  is ‘nice’:

- Its properties (e.g. moments) can be read off
- Sampleable IID

So VI is **fast** (once we’ve found  $q_{\theta^*}$ )

# VI cont.

Often  $\pi = \pi(\cdot | y)$  is a Bayesian posterior with  $y$  as data

$$KL(q_\theta \| \pi(\cdot | y)) + \mathbb{E}_{q_\theta} \left[ \log \frac{\pi(X, y)}{q_\theta(X)} \right] = \log \pi(y)$$

Define

$$\text{ELBO}(\theta) := \mathbb{E}_{q_\theta} \left[ \log \frac{\pi(X, y)}{q_\theta(X)} \right]$$

Decompose

$$\text{ELBO}(\theta) = \mathbb{E}_{q_\theta} \left[ \log \pi(X, y) \right] + \mathbb{E}_{q_\theta} \left[ -\log q_\theta(X) \right]$$

# Markov chain Monte Carlo (MCMC)

We can't easily access the properties of  $\pi$  by, say, sampling from it IID

Therefore MCMC forms a sequence of measures  $\{\mu_t\}_{t=0}^{\infty}$  that tend to the target (in some sense)

In particular, measures are represented by states sampled from them  $\{X_t\}_{t=0}^{\infty}$ , and the dependencies between these states is Markovian

# MCMC cont.

Markovian dependence (often) increases the variance of the estimators formed with the states  $\{X_t\}_{t=0}^{\infty}$

$$\mathbb{E}_{\pi}[f(X)] \approx \frac{1}{T - T_0} \sum_{t=T_0+1}^T f(X_t)$$

Therefore MCMC is **slow** because it is inherently serial i.e. to get  $X_t$  we need  $X_{t-1}$  for which we need  $X_{t-2}$  etc.

But it is **asymptotically exact** e.g.

$$\frac{1}{T - T_0} \sum_{t=T_0+1}^T f(X_t) \rightarrow \mathbb{E}_{\pi}[f(X)] \text{ a.s.}$$

# Markov Kernel Notation

A time-homogeneous Markov chain can be defined by a Markov kernel  $K(x \rightarrow \cdot) \in \mathcal{P}(\mathbb{R}^d)$  for  $x \in \mathbb{R}^d$

$K$  can be viewed as an **operator** on  $\mathcal{P}(\mathbb{R}^d)$ : for all

$\mu \in \mathcal{P}(\mathbb{R}^d)$  define  $\mu K \in \mathcal{P}(\mathbb{R}^d)$  with

$$\mu K(A) = \int_{\mathbb{R}^d} \mu(dx) K(x \rightarrow A) \text{ for all } A \in \mathcal{B}(\mathbb{R}^d)$$

i.e. to sample from  $X \sim \mu K$  we simply sample  $Y \sim \mu$  and then  $X \sim K(Y \rightarrow \cdot)$

$$\text{So } \{\mu_t\}_{t=0}^{\infty} = \{\mu_0 K^t\}_{t=0}^{\infty}$$

If  $\pi = \pi K$  then we call  $\pi$  an **invariant distribution** of  $K$

# Markov chain theory

We assume that  $\mu_0 K^t \rightarrow \pi$  (in some sense) for all  $\mu_0 \in \mathcal{P}(\mathbb{R}^d)$

[Meyn and Tweedie 1993 Proposition 13.2.2]: if  $\pi$  is an invariant measure of  $K$  then  $\|\mu_0 K^t - \pi\|_{\text{TV}}$  is non-increasing in  $t$

**Key insight 1:**  $\mu_0 K^t$  is closer to  $\pi$  than  $\mu_0$

Much of MCMC theory is the attempt to find conditions under which existing Markov kernels obey

$$d(\mu_0 K^t, \pi) \leq C(\mu_0) r(t) + b$$

Where  $r(t)$  is monotonically decreasing,  $r$  and  $b$  depend on  $K$  (e.g. via its parametrisation/tuning) and  $\pi$

**Key insight 2:** Efficiency of MCMC is sensitive to its parametrisation/tuning and initial distribution

# MCMC within VI: General Idea

Using **Key Insight 1** we know that  $K$  will push a variational distribution  $q$  closer to  $\pi$

Using **Key Insight 2** we know that how close will depend on  $q$  and  $K$ : therefore we can use variational methods to optimise over the  $q$  space and the  $K$  space

# Markov chain VI [Salimans, Kingma, Welling 2015]

**Main Idea:** Use the  $T$ th state in an MCMC chain as a variational approximation i.e. use  $q_\theta = \mu_0 K^T$

**Problem:** ELBO needs access to the density of  $\mu_0 K^T$

**Solution:**

$$\text{ELBO} = \log \pi(x) - KL(\mu_0 K^T \| \pi)$$

KL is wrt to a new distribution that is optimised over. Authors define

$$\text{ELBO}_{\text{aux}} = \text{ELBO} - \mathbb{E}_{\mu_0 K^T} [\text{KL}(\dots)]$$

Where

$$KL(\dots) = KL(\text{new variational distribution} \| \text{reverse Markov transition})$$

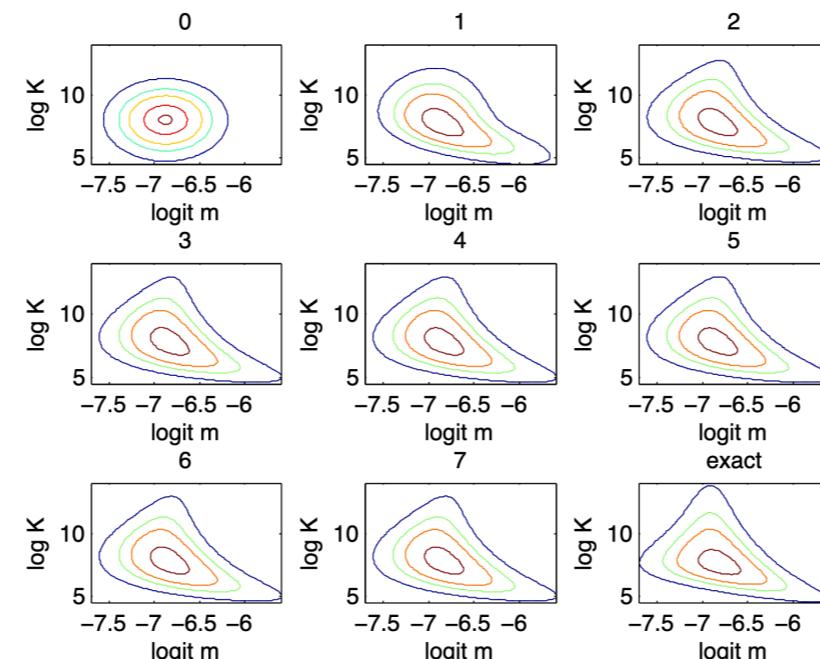
So to optimise  $\text{ELBO}_{\text{aux}}$  we're simultaneously optimising over  $K$  and the approximation to the reverse of  $K$

# Markov chain VI [Salimans, Kingma, Welling 2015] cont.

We can sample from  $\mu_0 K^T$  and so we can get an unbiased estimate of  $\text{ELBO}_{\text{aux}}$

Therefore we can use autodifferentiation to take the derivative of the method by which we get the estimate to give us an unbiased estimate of the gradient of  $\text{ELBO}_{\text{aux}}$

Gradients are calculated wrt the variational approximation to the reverse Markov transition, and the parameters of  $K$



# Markov chain VI [Salimans, Kingma, Welling 2015] cont.

**Problem:** accept/reject chains mean  $\text{ELBO}_{\text{aux}}$  is no longer continuously differentiable (wrt some parameter)

**Solution:** Rao-Blackwellise  $\text{ELBO}_{\text{aux}}$  wrt that parameter

**Problem:** This operation is exponentially expensive in the chain length

## Takeaways:

- The ELBO is no longer calculable if using a Markov kernel
- Accept\reject chains cause discontinuity in the objective
  - Although accept/reject chains are usually the only ones for which we can ensure  $\pi$  invariance
- According to the authors, improving  $K$  reduces the variance of gradient estimates

# Amortised MCMC [Li, Turner, Liu 2017]

MCMC algorithms are constructed so that  $\pi$  is the unique solution to the fixed point equation  $\pi = \pi K$  (this + other conditions ensures that  $\mu_0 K^t \rightarrow \pi$ )

Approximating  $\pi$  can therefore be done by approximating a solution to the fixed point equation:

$$\theta^* = \operatorname{argmin}_{\theta \in \Theta} d(q_\theta K^T, q_\theta)$$

So do

$$\theta_t = \theta_{t-1} - \eta \nabla_\theta d(q_{\theta_{t-1}} K^T, q_{\theta_{t-1}})$$

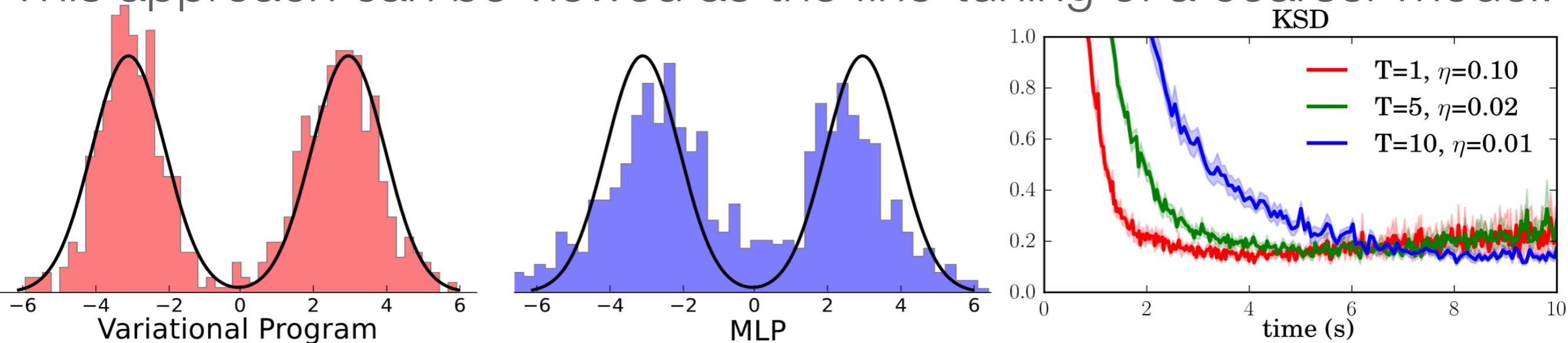
**Problem:**  $d = KL$  needs density evaluation of  $q_\theta K^T$

**Solution:** use a different  $d$  where

- We don't need to evaluate the density
- Gradients can be estimated using Monte Carlo

# Amortised MCMC [Li, Turner, Liu 2017]

This approach can be viewed as the fine-tuning of a coarser model:



## Takeaways:

- Again we have to reformulate or find a new objective due to effect of the Markov kernel on the approximation density
- Authors observe different dynamics for different  $T$ 's which is interesting
- From the fixed point equation:  $T = 1$  should in theory be fine
  - But practically  $K$  might be highly inefficient i.e. an accept/reject kernel with a high rejection rate

# The Variationally Inferred Sampler

## [Gallego, Ríos Insua 2021]

Our variational approximation is  $\mu_0 K^T$

In [Salimans, Kingma, Welling 2015] the authors optimise  $K$

In [Li, Turner, Liu 2017] the authors optimise  $\mu_0$

In [Gallego, Ríos Insua 2021] the authors optimise both  $\mu_0$  and  $K$

i.e. find

$$(\theta^*, \eta^*) = \operatorname{argmin}_{\theta \in \Theta, \eta \in \Gamma} \mathcal{L}(q_\theta K_\eta^T, \pi)$$

As always, the entropy term in the ELBO is intractable

# Questions

# VI within MCMC

As we saw in [Gallego, Ríos Insua 2021], the parameters of  $K$  can be optimised

This idea has been explored in the subjects of ‘preconditioning’ and ‘adaptive MCMC’ that have been around for  $>20$  years

However it’s not easy to distil the efficiency of  $K$  down to a single quantity (like, say, the ELBO in VI)

According to folklore understanding, properties of  $K$  should look like properties of  $\pi$

E.g. we might want  $\text{Cov}_{K(x \rightarrow \cdot)}(X) = \text{Cov}_{\pi}(X)$  for all  $x \in \mathbb{R}^d$

Otherwise, unless  $K$  has a distribution as a tuning parameter, it’s not fully clear how to straightforwardly plug VI into MCMC

# Nonlinear Preconditioning via Transport based VI

Transport based VI pushes a simple distribution  $\nu$  through a diffeomorphism  $T_\theta : \mathbb{R}^d \rightarrow \mathbb{R}^d$  to approximate  $\pi$

i.e. find

$$\theta^* = \operatorname{argmin}_{\theta \in \Theta} KL (T_\theta \# \nu \| \pi)$$

If  $\nu$  is an ‘easily sampleable’ distribution and the VI is successful then  $KL (T_\theta \# \nu \| \pi) = KL (\nu \| T_\theta^{-1} \# \pi)$  will be low and  $T_\theta^{-1} \# \pi$  will be ‘easily sampleable’

1. Find  $\theta^*$  using VI
2. Run an MCMC on a  $T_{\theta^*}^{-1} \# \pi$  target
3. Transform states of the resulting Markov chain through  $T_{\theta^*}$

# Nonlinear Preconditioning via Transport based VI

Methods developed according to this approach fall roughly into two categories:

1. Measure Transport (Papers from Youssef Marzouk, [Kim et al. 2013])
2. Normalising flows (Papers from Marylou Gabrié, [Hoffman et al. 2022], [Kanwar 2024])

These categories can be distinguished by the form of  $T_\theta$

1.  $T_\theta$  has the form of a Knothe-Rosenblatt map
2.  $T_\theta$  is a normalising flow

We need  $T_\theta$  to be invertible, to have a Jacobian whose determinant is easily calculable, to be expressive.

# Adaptive MCMC

MCMC Kernels usually have tuning parameters

‘Good’ values of these parameters are often calculable using expectations wrt  $\pi$  or  $K$  (notions of optimality are unclear)

E.g. the unadjusted Langevin algorithm with parameter  $L \in \mathbb{R}^{d \times d}$  (full rank)

$$X_{t+1} = X_t + \frac{\sigma^2}{2} LL^\top \nabla \log \pi(X_t) + \sigma L \xi \text{ where } \xi \sim \mathcal{N}(0, \mathbf{I}_d)$$

There are various justifications for

$$LL^\top = \text{Cov}_\pi(X) \text{ and } LL^\top = \text{Cov}_\pi(\nabla \log \pi(X))^{-1}$$

See e.g. [Titsias 2023, Hird and Livingstone 2025]

Or we may want to maximise the expected acceptance probability of an accept/reject method (hence the expectation is wrt the proposal distribution)

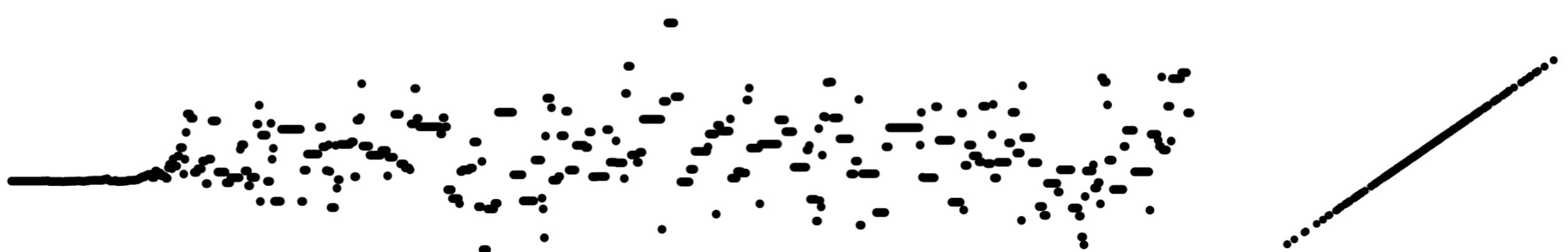
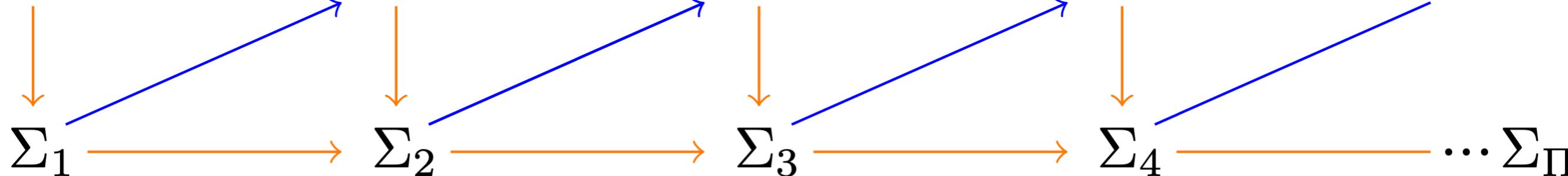
# Adaptive MCMC

**Key Idea:** Since we get approximate samples from  $\pi$  and exact samples from the proposal, we can optimise as the chain runs:

$$X_1 \longrightarrow X_2 \longrightarrow X_3 \longrightarrow X_4 \longrightarrow \dots \Pi$$



$$X_1 \longrightarrow X_2 \longrightarrow X_3 \longrightarrow X_4 \longrightarrow \dots \Pi$$



**Fusion with VI:** Use VI methods to optimise

# Gradient Based Adaptive MCMC

## [Titsias and Dellaportas 2019]

Let  $K$  be an accept/reject kernel with proposal

$$q_\theta(x \rightarrow \cdot) \in \mathcal{P}(\mathbb{R}^d)$$

Define the ‘speed measure’:

$$s_\theta(x) := \exp\left(\beta \mathcal{H}_{q_\theta(x \rightarrow \cdot)}\right) \int_{\mathbb{R}^d} q_\theta(x \rightarrow dy) \alpha(x \rightarrow y; \theta)$$

Derive a lower bound on  $\log s_\theta(x)$ :

$$\mathcal{F}_\theta(x) := \int_{\mathbb{R}^d} q_\theta(x \rightarrow dy) \log \alpha(x \rightarrow y; \theta) + \beta \mathcal{H}_{q_\theta(x \rightarrow \cdot)}$$

And maximise at each step of the chain using a one sample Monte Carlo estimator

**Note:** Similarity with ELBO

# IMH with Normalising Flows [Brofos, Gabrié et al. 2022]

Let  $T_\theta : \mathbb{R}^d \rightarrow \mathbb{R}^d$  be a normalising flow and  $\nu \in \mathcal{P}(\mathbb{R}^d)$  be a simple distribution

Authors want to maximise  $\mathbb{E}_\pi [\log T_\theta \sharp \nu(X)]$  which is the same as wanting to minimise  $KL(\pi \| T_\theta \sharp \nu)$

$T_\theta \sharp \nu$  is then used as a proposal distribution in an Independent Metropolis Hastings kernel

So for each new state  $X_t$  in the Markov chain do:

$$\theta_{t+1} = \theta_t + \varepsilon_n \nabla \log T_\theta \sharp \nu(X_t)$$

Since we get approximate samples from  $\pi$  we can minimise the forward KL!

# The difficulty of integrating VI into MCMC

This last example illustrates what I view to be a fundamental difficulty when trying to use VI in MCMC:

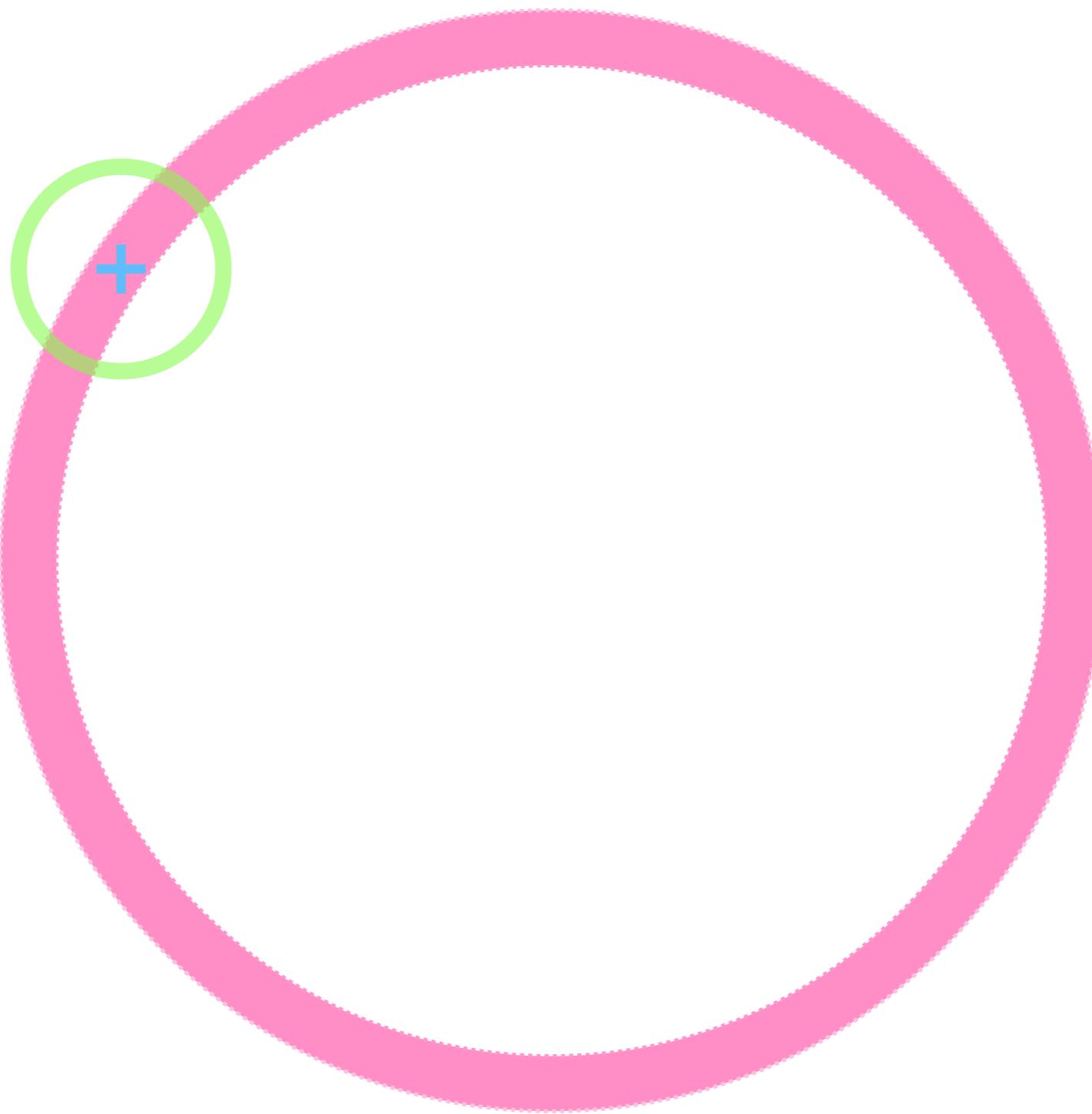
An MCMC Kernel (and its components e.g. proposal) is fundamentally **local**

A variational distribution is fundamentally **global**

Therefore either

- Integrate VI into a Monte Carlo method that is **global** in some sense
  - e.g. Rejection Sampler, Importance Sampler, Independent Metropolis Hastings
  - These are known to fail catastrophically
- Or work out some clever solution

# The difficulty of integrating VI into MCMC



# Summary

- MCMC in VI:  $qK^T$  is closer to  $\pi$  than  $q$ 
  - The density of  $qK^T$  is incalculable so either a new objective must be found, or the ELBO must be approximated
  - Accept/reject chains are attractive to use but come with immediate drawbacks
  - The optimisation process is dependent on  $K$
- VI in MCMC:
  - Transport based VI can be easily fit into the MCMC framework
  - Otherwise it's difficult to straightforwardly apply VI to MCMC because of the conflict between the locality of the Markov kernel and the global nature of the variational approximation